

TALES FROM THE YARD



The comings and goings at Parbold Equestrian Centre...

Stable Lives

Please keep up to date with our Stable Lives project that runs on certain days throughout the week. Our ponies and facilities are used to rehabilitate and build self esteem in those effected by Mental Health Trauma. Please like and share @stablelivesPEC

Changing Lives Through Horses

For those of you that don't know, we do several different projects on the yard in addition to our standard riding lessons. Changing Lives through Horses aims to improve the lives of young people aged 14-16 years who, for various reasons, are disengaged and at risk of becoming excluded. Using horses as the inspiration for change, the programme provides an alternative learning environment to mainstream education. If you know of anybody that could benefit from the programme then please talk to Steve, Carrie or Bonnie. More information can also be found on our website.

Autumn Newsletter

Welcome to our Autumn newsletter. All of our summer events have gone really well. Both pony club camps were well attended and the new yurt provided a really good base for sleeping and movie nights. The ponies loved taking part in all of the gymkhana games and the staff enjoyed it but slept for a week after!

24 Hour Challenge!!

Calling all clients, parents and other attached family members! We are running a big fundraising event for our Stable Lives project on the 27th October. You can choose your challenge. Join the elite squad who will stay up for 24 hours and take it in alternate turns to walk up and down Parbold Hill with a stretcher or put together a team who can share the pain and draw straws as to who covers the middle of the night walks. Whatever your fitness level just choose your challenge and join us to raise money to support our work with military veterans and their families dealing with the effects of mental health trauma. More information can be found on the Stable Lives Facebook page @stablelivesPEC.



Pony News

Most of you will have heard that we sadly lost Herman recently. He was a very popular pony who had been with us for over 15 years. Unfortunately old age caught up with him and we decided to let him go before he became very sick and in distress.

On a more happy note we have acquired a new young pony who will aim to take over from Herman. He is called Roy (pictured left) and is in the process of being broken by our team. He is in the early stages of his education and we hope he will be joining the pony team within the next few months.

Pony Club

Pony club has begun again after its brief summer break. The younger group (4-11) runs from 5.30 to 6.30 and the older group (11-16) run from 6.30 to 7.30. Loads of fun and badges to be worked through. Please ask in the office for further details.